



Managing Your Pet's Separation Anxiety

Separation anxiety can be a challenging issue for pets and pet parents alike. Here's how to help them feel safe and settled.



Establish a Consistent Routine

Regular feeding, walks, and alone time help your pet feel secure.



Create a Safe Space

Give them a cozy corner with familiar scents and favorite toys.



Practice Gradual Departures

Start with short absences and slowly build up over time.



Provide Mental Stimulation

Puzzle feeders and interactive toys keep them occupied while you're away.

Activate your free virtual veterinary care benefit today!

Get connected with a veterinarian and make a customized plan for when you and your pet are apart. To schedule a behavioral consult, visit join.airvet.com/getstarted or scan the QR code.

Have a question? Email us: support@airvet.com

