



Managing Your Pet's Separation Anxiety

Going back to the office? Help your pet adjust with these veterinarian-backed tips—and get a personalized plan from an Airvet vet.



Establish a Consistent Routine

Regular feeding, walks, and alone time help your pet feel secure.



Create a Safe Space

Give them a cozy corner with familiar scents and favorite toys.



Practice Gradual Departures

Start with short absences and slowly build up over time.



Provide Mental Stimulation

Puzzle feeders and interactive toys keep them occupied while you're away.

Back to the office, worry free.

Airvet can connect you with a veterinarian so you and your pet are ready for your new routine.

1

Download the Airvet App

Free on the App Store and Google Play.

2

Schedule a Behavioral Consult Appointment

From the home screen tap on "More ways to connect" then "Appointments."

3

Connect with a Vet

Share your concerns and get a plan built for your pet.

Activate your free virtual veterinary care benefit today!

Visit join.airvet.com/getstarted or scan the QR code.

Have a question? Email us: support@airvet.com

